



# 2024 INFORMATION MEETING

## THE ALPHA EXPERIENCE

Alpha is a non-profit organization created to provide a competitive and affordable experience for all athletes with a quality over quantity philosophy. Alpha is a family. Our athletes work with and get to know athletes of all ages, and our teams will support and cheer for each other whenever they can.

## NATIONAL

- **Training** | 5 hours of training per week, including an hour of SAQ training and an hour of positionals
- **Season** | December through June
- **Tournaments** | 10-11 Tournaments in Kentucky, Indiana, Ohio, Tennessee & Florida (AAU Nationals)
- **Uniform Package** | 2-3 Jerseys, Spandex, 2 T-Shirts, Hoodie, Sweatpants, Kneepads, Backpack, Volleyball
- Hudl is included for National teams 15 & up.

## MIDWEST

- **Training** | 4 hours of training per week
- **Season** | January through May
- **Tournaments** | 8-10 Tournaments in Kentucky, Indiana, Ohio, Tennessee
- **Uniform Package** | 2 Jerseys, Spandex, 2 T-Shirts, Hoodie, Sweatpants, Kneepads, Backpack, Volleyball

## REGIONAL

- **Training** | 3 hours of training per week
- **Season** | January through May
- **Tournaments** | 6-8 Tournaments in Kentucky
- **Uniform Package** | 2 Jerseys, Spandex, 1 T-Shirt, Hoodie, Kneepads, Volleyball

## YOUTH (10U & 11U)

- **Training** | 3 hours of training per week
- **Season** | January through March
- **Tournaments** | 4-6 Tournaments in Kentucky
- **Uniform Package** | 2 Jerseys, Spandex, 1 T-Shirt, Hoodie, Kneepads, Volleyball

## DEVELOPMENTAL

- **Training** | 3 hours of training per week
- **Season** | February & March (Winter) - April & May (Spring)
- **Tournaments** | 2-4 Tournaments in Kentucky
- **Uniform Package** | 2 Jerseys, Spandex, 1 T-Shirt, Kneepads

## FEES

Our fees are all inclusive, meaning there are no additional fees for families. The fees include coaching fees, court expenses, insurance, tournament cost, Nike uniform package, and coaches travel expenses. Fees will be split into 3 payments: 50% of the total fees (due 1 week after tryouts) | 25% of the total fees (due January 31) | 25% of the total fees (due February 29).



## FEES (CONT.)

NATIONAL 12U-14U	NATIONAL 15U-18U	MIDWEST 12-18U	REGIONAL 12U-18U	YOUTH 10U & 11U	DEVELOP 10U-18U
\$3200 includes Nationals	\$3300 includes Nationals & Hudl	\$2100	\$1700	\$900	\$750

Pay in Full Discount: 5% off total fees if the fees are paid in full by December 1.

Sibling Discount: 5% off the fees of the youngest sibling.

*\*All card transactions will charge an additional processing fee. You can pay with Cash or Check to avoid these fees.*

## ALPHA ADVANTAGE + TRYOUTS | \$150

Registration includes Alpha Advantage (pre-tryout clinic) & tryouts. Alpha Advantage & Tryouts will be held at The YARD. Developmental tryouts will be in January (Winter) and March (Spring).

AGE	DATE	TIME
10U/11U	October 15	12-2pm (Alpha Advantage)
	October 20	5-7pm (Athletic Testing)
	October 21	2-4pm (Tryouts)
12U	October 15	12-2pm (Alpha Advantage)
	October 20	5-7pm (Athletic Testing)
	October 21	1-4pm (Tryouts)
13U	October 15	2-4pm (Alpha Advantage)
	October 20	5-7pm (Athletic Testing)
	October 21	9-12pm (Tryouts)
14U	October 15	4-6 (Alpha Advantage)
	October 20	5-7pm (Athletic Testing)
	October 21	9-12pm (Tryouts)

AGE	DATE	TIME
15U	October 29	12-2pm (Alpha Advantage)
	November 5	1:30-4:30pm (Athletic Testing)
	November 5	2-4pm (Tryouts)
	November 7	5-7pm (Tryouts)
16U	November 9	5-7pm (Tryouts)
	October 29	2-4pm (Alpha Advantage)
	November 5	1:30-4:30pm (Athletic Testing)
	November 5	4-6pm (Tryouts)
17U/18U	November 7	5-7 (Tryouts)
	November 9	5-7pm (Tryouts)
	October 29	4-6pm (Alpha Advantage)
	November 5	1:30-4:30pm (Athletic Testing)
17U/18U	November 5	12-2pm (Tryouts)
	November 6	5-7pm (Tryouts)
	November 8	5-7pm (Tryouts)

## HOW TO REGISTER

1. Check the Age Definition on the website
2. Register for tryouts
3. Complete the Pioneer Region Tryout Registration
4. Fill out the Medical Release and bring it to tryouts
5. Show up to tryouts with Pioneer Region Confirmation and Medical Release Form.

## LOCATIONS

**The YARD**  
117 Westhampton Drive  
Lexington, KY 40511

**Alpha Training Center**  
4050 Georgetown Rd.  
Lexington, KY 40511

**STEAM Academy**  
1555 Georgetown Rd,  
Lexington, KY 40511

**Scott County Schools**

**More locations TBD**

**REGISTER HERE**

